

# **Sydney Professional Development**

# **North Sydney Community Centre**

220 Miller Street North Sydney

# Friday 7<sup>th</sup> of August 2015

7pm-9pm

Rochelle Hersch & Michele Rousseau

**Minding The Gap:** 

**Between Disruption and Repair** 

# **Presentation and Active Discussion**

Sometimes the "inexplicable" in therapy can create a gap. What is our relationship to this gap? As therapists we may be compelled to rush in and fill it, or even to ignore it. In this seminar we want to explore the complexities of minding the gap.

We will draw on the work of Jessica Benjamin to understand the ways in which the inter-subjective space between client and therapist can break down. We will also explore what is involved in the process of repair.

Non-members are more than welcome for a fee of \$20.

We want to involve participants in active discussion and reflection. Some areas of exploration will include the inevitability of enactment, the dissociative field and what is required for the complex process of transformation.

# Please register for this event to receive the pre-reading material. Click on the link in the body of the email

# Bio

### Michele Rousseau

Michele Rousseau has been in private practice in the Inner West since 1987. She currently works as a Psychotherapist and Clinical Supervisor. She is a founding member of the Australian Association of Somatic Psychotherapy (AASP, now Australian Somatic Psychotherapy Association ASPA) a clinical member and Faculty member of the Australian and New Zealand Association of Psychotherapy (ANZAP).

### **Rochelle Hersch**

#### BSW (Hons) Dip. Psychotherapy (ANZAP)

Rochelle Hersch is a Psychotherapist and Mental Health Social Worker in private practice. She has worked over the last 30 years in both the public and private sector as a clinician, trainer and supervisor. Rochelle's particular areas of specialty include complex trauma and ethics. She has co-developed a process model for ethical reflection and clinical practice and has been instrumental in the development of ethics processes in psychotherapy associations for the last 20 years. In her work Rochelle draws on her training in humanistic, systemic, somatic, feminist and relational psychoanalytic orientations.